

Namo Tassa Bhagavato Arahato  
Sammā Sambuddhassa!

*Homage to the Blessed One,  
the Worthy One,  
the Supremely Enlightened One!*

Buddham saraṇam gacchāmi  
Dhammam saraṇam gacchāmi  
Saṅgham saraṇam gacchāmi

*I go for refuge to the Buddha  
I go for refuge to the Dhamma  
I go for refuge to the Saṅgha*

Dutiyampi Buddhamaṃ saraṇaṃ gacchāmi  
Dutiyampi Dhammaṃ saraṇaṃ gacchāmi  
Dutiyampi Saṅghaṃ saraṇaṃ gacchāmi

*For the second time,  
I go for refuge to the Buddha.  
For the second time,  
I go for refuge to the Dhamma.  
For the second time,  
I go for refuge to the Saṅgha.*

Tatiyampi Buddhamaṃ saraṇaṃ gacchāmi  
Tatiyampi Dhammaṃ saraṇaṃ gacchāmi  
Tatiyampi Saṅghaṃ saraṇaṃ gacchāmi

*For the third time,  
I go for refuge to the Buddha  
For the third time,  
I go for refuge to the Dhamma  
For the third time,  
I go for refuge to the Saṅgha*

1. I observe the precept of abstaining from killing beings.
2. I observe the precept of abstaining from stealing.
3. I observe the precept of abstaining from sexual misconduct.
4. I observe the precept of abstaining from telling lies.
5. I observe the precept of abstaining from taking intoxicating drinks and drugs.

I follow these precepts for happiness in this life  
for rebirth in heaven and to realize the Four Noble Truths  
in this Gautama Buddha's Dispensation.

Sādhu! Sādhu! Sādhu!