

Āṅguttara Nikāya 4.67

Ahimetta Sutta

or

Khandha Paritta

Loving-Kindness towards
the Royal Tribes of Snakes

**1. Virūpakkehi me mettaṃ –
Mettaṃ Erāpathehi me
Chabyāputtehi me mettaṃ –
Mettaṃ Kaṇhāgotamakehi ca**

May I have mettā • towards Virūpakkhas,
towards Erāpathas • may I have mettā.

May I have mettā • towards Chabyāputtas, •
towards Kaṇhā Gotamakas also •
may I have mettā.

**2. Apādakehi me mettaṃ –
Mettaṃ dipādakehi me
Catuppadehi me mettaṃ –
Mettaṃ bahuppadehi me**

May I have mettā • towards the footless.

May I have mettā • towards those with two feet.

May I have mettā • towards those with four.

May I have mettā • towards the many-footed.

3. Mā maṃ apādako hiṃsi –

Mā maṃ hiṃsi dipādako

Mā maṃ catuppado hiṃsi –

Mā maṃ hiṃsi bahuppado

Let not the footless do me harm;
nor those that have two feet.

Let not the four-footed do me harm;
nor those endowed with many feet.

**4. Sabbe sattā sabbe paṇā –
Sabbe bhutā ca kevalā
Sabbe bhadraṇi passantu –
Mā kañci pāpamāgamā**

All beings, all living creatures, •
all beings who have come to birth •
may good fortune bless them all.
May no harm come to them.

**Appamāṇo Buddho • appamāṇo Dhammo
appamāṇo Saṅgho.**

**Pamāṇavantāni sirimsapāni
ahi vicchikā satapadī uṇṇānābhī
sarabhū mūsikā.**

Katā me rakkhā. Katā me parittā.

Paṭikkamantu bhūtāni.

So'haṃ namo Bhagavato

namo sattannaṃ Sammā Sambuddhānan'ti.

Immeasurable in virtue is the Buddha; •
immeasurable is the Dhamma; •
immeasurable is the Saṅgha.
Measurable are creeping creatures, •
snakes, scorpions, centipedes, •
spiders, lizards and rats, • due to their defilements.
I have guarded myself. I have made my protection.
Depart from me, all you beings.
I worship the Blessed One, •
and the Seven Supreme Buddhas.

Etena saccena suvatthi hotu! By this truth, may there be well-being!

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