



Āṅgulimāla Paritta

Protective Chant
of Arahant
Āṅgulimāla

**Parittam̐ yaṃ bhaṇan tassa
nisinnatṭhāna dhovanam̐
Udaka'mpi vināseti
sabbameva parissayaṃ
Sotthinā gabbha vuṭṭhānam̐ yañ
ca sādheti taṃ khaṇe**

**Therass aṅgulimālassa –
lokanāthena bhāsitam
Kappaṭṭhāyim mahātejam –
parittam tam bhaṇāmahe**

Even the water that is used to wash
• the seat which Arahant
Aṅgulimāla sat on • and recited this
paritta, • that water can end all
sufferings.

If a pregnant mother suffers from
any pain, • she will be well and be
strong enough • to stand instantly.

Now we shall recite that very
powerful paritta • taught by the
Buddha, • to Arahant Aṅgulimāla •
which will hold its power for an
aeon.

**Yato'ham bhagini, ariyāya jātiya
jāto nā'bhijānāmi saṁcicca
pāṇaṁ jīvitā voropetā, tena
saccena sotthi te hotu, sotthi
gabbhassā'ti.**

“Sister, from the day I was born
in the Noble Birth
which leads to supreme Nibbāna,
from that day on
I am not aware of myself
killing any living beings deliberately.

By this truth
may you be well!
May the delivery of your child
be peaceful!”

**Etena saccena
suvatthi hotu!**

By this truth,
may there be well-being!