

Lets start the Eight Precepts by chanting

Sadhu!

Sadhu!

Sadhu!

**Namo Tassa Bhagavato,
Arahato,
Sammā Sambuddhassa!**

Homage to the Blessed One,
the Worthy One,
the Supremely
Enlightened One!

Buddhaṃ saraṇaṃ gacchāmi
Dhammaṃ saraṇaṃ gacchāmi
Saṅghaṃ saraṇaṃ gacchāmi

I go for refuge to the Buddha.
I go for refuge to the Dhamma.
I go for refuge to the Saṅgha.

Dutiyampi Buddhamaṃ saraṇaṃ gacchāmi
Dutiyampi Dhammaṃ saraṇaṃ gacchāmi
Dutiyampi Saṅghaṃ saraṇaṃ gacchāmi

For the second time,
I go for refuge to the Buddha.
For the second time,
I go for refuge to the Dhamma.
For the second time,
I go for refuge to the Saṅgha.

Tatīyaṃpi Buddhamaṃ saraṇaṃ gacchāmi
Tatīyaṃpi Dhammaṃ saraṇaṃ gacchāmi
Tatīyaṃpi Saṅghaṃ saraṇaṃ gacchāmi

For the third time,
I go for refuge to the Buddha.

For the third time,
I go for refuge to the Dhamma.

For the third time,
I go for refuge to the Saṅgha.

Sādhu! Sādhu!! Sādhu!!!

Next, lets take the precepts...

Imitating Great Arahants...

1. I observe the precept of abstaining from **killing beings**.

2. I observe the precept of abstaining from **stealing**.

3. I observe the precept of abstaining from **incelibacy**.

4. I observe the precept of abstaining from **telling lies**.

5. I observe the precept of abstaining from **taking intoxicating drinks and drugs**.

6. I observe the precept of
abstaining from
eating at improper times.

7. I observe the precept of
abstaining from **dancing • singing, music,
shows wearing garlands
and beautifying with cosmetics.**

8. I observe the precept of
abstaining from using
**luxurious and comfortable • seats
and beds.**

I follow these precepts
for **happiness in this life**
for **rebirth in heaven**
and to **realize the Four Noble**
Truths
in this Gautama Buddha's
Dispensation.

Sādhu!
Sādhu!!
Sādhu!!!

1. Iti'pi so bhagavā araham̐,
2. sammā sambuddho,
3. vijjācaranasampanno,
4. sugato, 5. lokavidū,
6. anuttaro purisadammasārathī,
7. satthā dēvamanussānam̐,
8. buddho, 9. bhagavā'ti.

1. Such indeed is the Blessed One,
Arahant, worthy one,
2. supremely enlightened,
3. endowed with knowledge and virtue,
4. follower of the Noble Path,
5. knower of worlds,
6. the peerless trainer of persons,
7. teacher of gods and humans,
8. the Enlightened Teacher,
9. the Blessed One.

- 1. Svākkhāto bhagavatā dhammo**
- 2. sandiṭṭhiko**
- 3. akāliko**
- 4. ehipassiko**
- 5. opanayiko**
- 6. paccattaṃ vēditabbo viññūhī'ti.**

1. Well taught by the Blessed One
is the Dhamma,
2. visible here and now,
3. timeless,
4. open to all,
5. learned and applied to oneself,
6. understood by the wise
each for himself.

- 1. Supaṭipanno bhagavato
sāvakaṅgho**
- 2. uḷupaṭipanno bhagavato
sāvakaṅgho**
- 3. ñāyapaṭipanno bhagavato
sāvakaṅgho**
- 4. sāmīcipaṭipanno bhagavato
sāvakaṅgho.**

**yadidaṃ cattāri purisayugāni
aṭṭhapurisapuggalā
esa bhagavato sāvakaśaṅgho.**

**5. āhuneyyo, 6. pāhuneyyo,
7. dakkhiṇeyyo, 8. añjalikaraṇīyo
9. anuttaraṃ puñṇakkhettaṃ
lokassā'ti.**

1. Of pure conduct is the Order of Disciples of the Blessed One,
2. of upright conduct is the Order of Disciples of the Blessed One,
3. of wise conduct is the Order of Disciples of the Blessed One,
4. of generous conduct is the Order of Disciples of the Blessed One.

Those four pairs of persons, the eight kinds of individuals: that is the Order of Disciples of the Blessed One.

5. They are worthy of offerings,
6. they are worthy of hospitality,
7. they are worthy of gifts,
8. they are worthy of reverential salutations,
9. an incomparable field of merit for the world.

**Vipassissa namatthu
cakkhumantassa sirīmato
Sikhissa’pi namatthu
sabbabhūtānukampino**

Homage to **Vipassi the Buddha**
possessed of the eye of wisdom and splendor.

Homage to **Sikhi the Buddha**
compassionate towards all beings.

**Vessabhussa namatthu
nahātakassa tapassino
namatthu Kakusandhassa
Mārasenāpamaddino**

Homage to **Vessabhu the Buddha**
free from all defilements, and possessed of great energy.
Homage to **Kakusanda the Buddha**
the conqueror of the army of Māra.

**Koṇāgamanassa namatthu
brāhmaṇassa vusīmato
Kassapassa namatthu
vipparamuttassa sabbadhī**

Homage to **Koṇāgamaṇa the Buddha**
who has shed all defilements, and has lived the holy life.

Homage to **Kassapa the Buddha**
who is fully freed from all defilements.

**Angīrasassa namatthu
sakyaputtassa sirīmato
Yo imaṃ dhammamadesesī
sabbadukkhāpanūdanaṃ**

Homage to Angirasa, the Buddha Gotama
son of the Sakyas full of radiance
who proclaimed the Dhamma
that dispels all suffering.

**Ye cāpi nibbutā loke
yathābhūtaṃ vipassisumṃ
Te janā apisuṇā
mahantā vītasāradā**

Those in the world
who have extinguished the flames of passion
and have realized through insight
things as they really are, they never slander anyone,
they are mighty men, who are free from fear.

Hitaṃ devamanussānaṃ
yaṃ namassanti **Gotamaṃ**
Vijjācaraṇasampannaṃ
mahantaṃ vītasāraḍaṃ
Vijjācaraṇasampannaṃ
buddhaṃ vandāma gotamanti.

Gotama the Buddha

dear to gods and humans
endowed with knowledge and virtue
mighty and fearless.

We pay homage to our Great teacher,
Supreme Buddha.

**Vandāmi cetiyaṃ sabbaṃ
Sabbatthānesu patitṭhitaṃ
Sārīrika dhātu mahā bōdhiṃ
Buddharūpaṃ sakalaṃ sadā**

I show my humble reverence
to all the stupas
in all of the places that they stand.
The bodily relics,
the Great Bodhi Tree,
and all the Buddha images forever.

**Yassa mūle nisinnova
Sabbāri vijayaṃ akā,
Patto sabbaññutaṃ Satthā
Vande taṃ Bodhi pādapaṃ.**

I show my reverence
to this Bodhi tree,
seated under which,
the Teacher attained full
Enlightenment
by overcoming all defilements.

**Ime ete Mahā-Bodhi
Loka-nāthena pūjitā,
Aham-pi te namassāmi
Bodhi-Rājā nam'atthu te!**

I too honor
this great Bodhi-tree,
which was honoured
by the Leader of the World
My homage to you,
O King of Bodhi-trees

Sādhu! Sādhu!! Sādhu!!!

Next, lets take offer the Buddha Puja items...

My great teacher
Supreme Buddha
eradicated passion,
hatred and delusion.

My great teacher, Supreme Buddha

Eradicated the desire of
seeing forms.

Eradicated the desire of
hearing sounds.

Eradicated the desire of
smelling odors.

Eradicated the desire of
tasting flavors.

Eradicated the desire of
touching tangibles.

Eradicated the desire of
thinking thoughts.

Supreme Buddha
controlled sense faculties,
guarded sense faculties,
restrained sense faculties.

Supreme Buddha
is free from defilements.

My great teacher,
Supreme Buddha,
purified his body
speech and mind.

In this way
my great teacher
Supreme Buddha
is an Arahant.

Supreme Buddha
understood **suffering**
as a Noble Truth.

...removed the **cause of suffering**
as a Noble truth.

...attained the **ending of suffering**
as a Noble Truth.

...followed **the Path**
leading to the ending of suffering
as a Noble Truth.

In this way
Supreme Buddha
realized the **Four Noble Truths**
without anyone's help,
escaped from suffering,
and achieved true happiness.

I offer with great respect:
these **beautiful flowers,**
sweet fragrance,
sweet drinks, and bright light
to my great teacher,
Supreme Buddha.

Lets end the Vandana by chanting

Sadhu!

Sadhu!

Sadhu!