Lets start the Eight Precepts by chanting

### Sadhu! Sadhu! Sadhu!

### Namo Tassa Bhagavato, Arahato, Sammā Sambuddhassa!

Homage to the Blessed One, the Worthy One, the Supremely Enlightened One!

#### Buddham saraṇam gacchāmi Dhammam saraṇam gacchāmi Saṅgham saraṇam gacchāmi

I go for refuge to the Buddha.

I go for refuge to the Dhamma.

I go for refuge to the Saṅgha.

#### Dutiyampi Buddham saraṇam gacchāmi Dutiyampi Dhammam saraṇam gacchāmi Dutiyampi Saṅgham saraṇam gacchāmi

For the second time, I go for refuge to the Buddha. For the second time, I go for refuge to the Dhamma. For the second time, I go for refuge to the Sangha.

#### Tatiyampi Buddham saraṇam gacchāmi Tatiyampi Dhammam saraṇam gacchāmi Tatiyampi Sangham saraṇam gacchāmi

For the third time, I go for refuge to the Buddha. For the third time, I go for refuge to the Dhamma. For the third time, I go for refuge to the Sangha.

### Sādhu! Sādhu!! Sādhu!!!

### Imitating Great Arahants...

- 1. I observe the precept of abstaining from **killing beings**.
  - 2. I observe the precept of abstaining from **stealing**.
  - 3. I observe the precept of abstaining from **incelibacy**.
  - 4. I observe the precept of abstaining from **telling lies**.
- 5. I observe the precept of abstaining from taking intoxicating drinks and drugs.

- 6. I observe the precept of abstaining from eating at improper times.
- 7. I observe the precept of abstaining from dancing singing, music, shows wearing garlands and beautifying with cosmetics.
  - 8. I observe the precept of abstaining from using luxurious and comfortable seats and beds.

I follow these precepts for happiness in this life for rebirth in heaven and to realize the Four Noble Truths in this Gautama Buddha's Dispensation.

### Sādhu! Sādhu!! Sādhu!!!

- 1. Iti'pi so bhagavā araham,
  - 2. sammā sambuddho,
  - 3. vijjācaranasampanno,
    - 4. sugato, 5. lokavidū,
- 6. anuttaro purisadammasārathī,
  - 7. satthā dēvamanussānam,
    - 8. buddho, 9. bhagavā'ti.

1. Such indeed is the Blessed One, Arahant, worthy one, 2. supremely enlightened, 3. endowed with knowledge and virtue, 4. follower of the Noble Path, 5. knower of worlds, 6. the peerless trainer of persons, 7. teacher of gods and humans, 8. the Enlightened Teacher, 9. the Blessed One.

- 1. Svākkhāto bhagavatā dhammo 2. sanditthiko
  - 3. akāliko
  - 4. ehipassiko
  - 5. opanayiko
- 6. paccattam vēditabbo viññūhī'ti.

- 1. Well taught by the Blessed One is the Dhamma,
  - 2. visible here and now,
    - 3. timeless,
    - 4. open to all,
- 5. learned and applied to oneself,
  - 6. understood by the wise each for himself.

- 1. Supațipanno bhagavato sāvakasaṅgho
- 2. ujupatipanno bhagavato sāvakasaṅgho
- 3. ñāyapaṭipanno bhagavato sāvakasaṇgho
- 4. sāmīcipaṭipanno bhagavato sāvakasaṅgho.

### yadidam cattāri purisayugāni atthapurisapuggalā esa bhagavato sāvakasaṅgho. 5. āhuneyyo, 6. pāhuneyyo, 7. dakkhineyyo, 8. añjalikaranīyo 9. anuttaram puññakkhettam lokassā'ti.

- 1. Of pure conduct is the Order of Disciples of the Blessed One,
  - 2. of upright conduct is the Order of Disciples of the Blessed One,
- 3. of wise conduct is the Order of Disciples of the Blessed One,
  - 4. of generous conduct is the Order of Disciples of the Blessed One.

- Those four pairs of persons, the eight kinds of individuals: that is the Order of Disciples of the Blessed One.
  - 5. They are worthy of offerings,
  - 6. they are worthy of hospitality,
    - 7. they are worthy of gifts,
  - 8. they are worthy of reverential salutations,
- 9. an incomparable field of merit for the world.

Vipassissa namatthu cakkhumantassa sirīmato Sikhissa'pi namatthu sabbabhūtānukampino

Homage to **Vipassi the Buddha**possessed of the eye of wisdom and splendor.
Homage to **Sikhi the Buddha**compassionate towards all beings.

# Vessabhussa namatthu nahātakassa tapassino namatthu Kakusandhassa Mārasenāpamaddino

Homage to **Vessabhu the Buddha**free from all defilements, and possessed of great energy.
Homage to **Kakusanda the Buddha**the conqueror of the army of Māra.

### Konāgamanassa namatthu brāhmaņassa vusīmato Kassapassa namatthu vippamuttassa sabbadhī

Homage to **Koṇāgamana the Buddha**who has shed all defilements, and has lived the holy life.
Homage to **Kassapa the Buddha**who is fully freed from all defilements.

# Aṅgīrasassa namatthu sakyaputtassa sirīmato Yo imam dhammamadesesī sabbadukkhāpanūdanam

Homage to Angirasa, the Buddha Gotama son of the Sakyas full of radiance who proclaimed the Dhamma that dispels all suffering.

### Ye cāpi nibbutā loke yathābhūtam vipassisum Te janā apisuņā mahantā vītasāradā

Those in the world who have extinguished the flames of passion and have realized through insight things as they really are, they never slander anyone, they are mighty men, who are free from fear.

Hitam devamanussānam yam namassanti Gotamam Vijjācaraņasampannam mahantam vītasāradam Vijjācaraṇasampannaṁ buddham vandāma gotamanti.

### **Gotama the Buddha** dear to gods and humans endowed with knowledge and virtue mighty and fearless. We pay homage to our Great teacher, Supreme Buddha.

Vandāmi cetiyam sabbam Sabbathānesu patitthitam Sārīrika dhātu mahā bōdhim Buddharūpam sakalam sadā

I show my humble reverence to all the stupas in all of the places that they stand. The bodily relics, the Great Bodhi Tree, and all the Buddha images forever.

Yassa mūle nisinnova Sabbāri vijayam akā, Patto sabbaññutam Satthā Vande tam Bodhi pādapam.

I show my reverence to this Bodhi tree, seated under which, the Teacher attained full Enlightenment by overcoming all defilements.

Ime ete Mahā-Bodhi Loka-nāthena pūjitā, Aham-pi te namassāmi Bodhi-Rājā nam'atthu te!

I too honor this great Bodhi-tree, which was honoured by the Leader of the World My homage to you, O King of Bodhi-trees

### Sādhu! Sādhu!! Sādhu!!!

My great teacher Supreme Buddha eradicated passion, hatred and delusion.

# My great teacher, Supreme Buddha Eradicated the desire of seeing forms.

Eradicated the desire of hearing sounds.

## Eradicated the desire of smelling odors.

Eradicated the desire of tasting flavors.

## Eradicated the desire of touching tangibles.

Eradicated the desire of thinking thoughts.

### Supreme Buddha

controlled sense faculties, guarded sense faculties, restrained sense faculties.

## Supreme Buddha is free from defilements.

My great teacher, Supreme Buddha, purified his body speech and mind.

In this way my great teacher Supreme Buddha is an Arahant.

### Supreme Buddha

understood **suffering** as a Noble Truth.

...removed the cause of suffering as a Noble truth.

...attained the **ending of suffering** as a Noble Truth.

...followed the Path leading to the ending of suffering as a Noble Truth.

In this way Supreme Buddha realized the Four Noble Truths without anyone's help, escaped from suffering, and achieved true happiness.

I offer with great respect: these beautiful flowers, sweet fragrance, sweet drinks, and bright light to my great teacher, Supreme Buddha.

Lets end the Vandana by chanting

Sadhu! Sadhu! Sadhu!